

### Micro-level Goal Setting

In a few minutes, you will listen to an advertisement for clothing. Before listening, think about your own listening abilities in . Select the description below<sup>1</sup> which most accurately represents your own skills.

- I will be able to recognize a few memorized words and phrases when I hear them in the ad.
- I will be able to recognize some familiar words and phrases when I hear them spoken in the ad.
- I will often be able to understand words, phrases, and simple sentences related to clothing in everyday life. I will be able to recognize pieces of information and sometimes understand the main topic of what is being said.

Now, take a few minutes to make predictions about what you will hear based on the level you are expecting. For example, if you selected the first level, write down 3-4 words or phrases you might expect to hear.

After listening to the ad, come back to your notes and description and decide if your self-assessment was accurate.

I was...

- ...at a lower level than I expected.
- ...at a higher level than I expected.
- ...at the level I predicted.

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<sup>1</sup> Adapted from the NCSSFL-ACTFL Can-Do Statements ([http://www.actfl.org/global\\_statements](http://www.actfl.org/global_statements))